

Handout 5

PARENT/CHILD ORIENTATION PROGRAM

OUR WHOLE LIVES FOR GRADES K-1 CONTENT AND SCHEDULE

- *Our Wonderful Bodies, Part One*—Session 1 builds on children’s knowledge about the parts of their body.
- *Our Wonderful Bodies, Part Two*—Session 2 extends the discussion, names the female and male genital parts, looks at gender constancy, and explores gender roles.
- *Health Bodies, Safe Bodies*—Session 3 helps children learn ways to keep their bodies healthy and safe and includes sexual abuse prevention strategies.
- *Families*—Session 4 invites children to learn about many different family groupings and arrive at a definition of family.
- *Families and Feelings*—Session 5 looks at family feelings and the mixed emotions that children feel when their families change.
- *Babies and families*—Session 6 explores how families nurture babies emotionally and physically and how babies enter families through birth or adoption.
- *Birth of a Baby*—Session 7 presents alternative stories of conception: version one explains that the sperm and egg join together to start a new life; version two extends the explanation to include sexual intercourse. At UUCPA, we also have a third version which explains how a baby is made through a donor. All three stories present conception and birth in the context of starting a new life and expressing human love.
- *Celebrations*—Session 8 affirms the many ways that families celebrate joyous occasions throughout their lives.
- *OWL Celebration for Families*—At UUCPA, we usually schedule a final party with cake for all students and their parents.

Dates and times of *Our Whole Lives for Grades K-1* curriculum to be held at the Unitarian Universalist Church of Palo Alto, January through March, 2019, Sundays, 11-12:15.

Parent/Child Orientation January 13, 2019*

*At least one parent should attend

Session One: January 27

Session Five: March 3

Session Two: February 3

Session Six: March 10

Session Three: February 10

Session Seven: March 17

Session Four: February 24

Session Eight: March 24

OWL will not meet on January 20 or February 17