OWL “BILL OF RIGHTS”

In this program, teens have the right to:

• Ask any questions they have about sexuality.
• Receive full and accurate information about sexuality.
• Explore any issues of sexuality that interest them.
• Have support in making their own decisions about sexual matters.
• Express their sexuality in ways that are healthy and life-affirming.
• Be treated with respect by leaders and participants in this group.

OWL PROGRAM ASSUMPTIONS

• All persons are sexual.
• Sexuality is a good part of the human experience.
• Sexuality includes much more than sexual behavior.
• Human beings are sexual from the time they are born until they die.
• It is natural to express sexual feelings in a variety of ways.
• People engage in healthy sexual behavior for a variety of reasons, including to express caring and love, to experience intimacy and connection with another, to share pleasure, to bring new life into the world, and to experience fun and relaxation.
• Sexuality in our society is damaged by violence, exploitation, alienation, dishonesty, abuse of power, and the treatment of persons as objects.
• It is healthier for young adolescents to postpone sexual intercourse.